

The Art of LIVING IN SPAIN

Why & How to retire well in Spain

Planning earlier, choosing smarter, living better



EUROPEAN
PROPERTY
AWARDS

**AWARD
WINNER**

2024-2025-2026



GRI
AWARDS
REAL ESTATE

2025

REAL ESTATE
DESTINATION
OF THE YEAR

**TOP 2
WORLDWIDE**

taolis.com

The retirement shift

1. A new generation is retiring differently

Across Northern Europe, retirement planning is starting earlier and aiming higher. Today's 50-somethings are not preparing to slow down. They are designing the most active chapter of their lives.

Spain has long been Europe's favourite place to retire, and for good reason. The climate, healthcare and lifestyle are proven. The real question is no longer whether to retire in Spain, but where.

The best retirements are not improvised at 65. They are designed years earlier, around health, community and ease.

This guide looks at what retiring well actually requires. It examines the region delivering it best, and how to plan your move with confidence.

Market context

2. The numbers behind a well-planned retirement

320+

*days of sunshine per
year on the Costa
Cálida*

10 min

*from Altaona to a
major university
hospital*

30-40%

*below comparable
property prices in
high-demand Spanish
provinces*

For retirement, these numbers matter more than any brochure promise. Sunshine shapes your daily routine, healthcare proximity protects your peace of mind, and entry prices decide how much capital stays free for living.

Murcia combines all three without the premium of oversaturation. Buyers gain the same Mediterranean climate as the famous coasts, with stronger fundamentals and considerably more value per euro.

Retiring well is not about finding the sunniest place. It is about finding the place where everything else works too.

Daily quality of life

3. Retirement measured in mornings, not milestones



Active years, not idle ones — life at Altaona is built around movement, sunshine and time outdoors

Ask people who retired abroad what changed their lives, and they rarely mention the house. They mention the mornings. Golf before lunch, a walk in the natural park, dinner outside in February.

Murcia makes this rhythm effortless. The Costa Cálida enjoys 320+ days of sunshine a year, with beaches 20 minutes away and Murcia city just 15 minutes from your door.

The considered choice

4. Substance over saturation

Today's retirees research like investors. They look past the postcard and ask harder questions about healthcare, community, build quality and long-term value. The crowded coasts struggle to answer them.



The morning ritual that decides everything — your terrace, your view, your pace

Altaona answers them by design. A gated, master-planned resort 10 minutes from an international airport, surrounded by protected nature, with prices 30–40% below comparable stock in high-demand provinces.

Altaona Resort

5. A community that lives all year



Altaona Sport & Wellness Resort: a master-planned community set against Carrascoy and El Valle Natural Park

Retirement abroad fails when the neighbourhood empties in October. Altaona is a permanent, international community where residents live year-round, not a seasonal holiday park.

An 18-hole golf course, shopping centre and personalised longevity programmes already anchor daily life, with a tennis and padel academy. The GRI Awards 2025 named Altaona a Top 2 Worldwide Leisure Destination.

Build quality

6. Built for the next thirty years



SISMO construction and 100% Italian finishes; homes engineered to perform for decades

A retirement home must perform for decades, not seasons. Every Taolis villa is built with the SISMO system, delivering superior insulation, Energy A+ efficiency and Italian finishes throughout.

Behind every home stands a Dutch-led team of around 60 professionals, building in Spain since 2001. That standard earned Best Sustainable Residential Project in Spain at the European Property Awards 2025.

Your options

Whatever your retirement timeline, there is a Taolis route to match.



Oasis Altaona

From €443,500

2–4 bed · Plot up to 660m² · Private pool · Energy A+ ·
Delivery from Q3 2026

[View project →](#)



Las Vistas Altaona

From €503,000

2–3 bed · Plot up to 454m² · Private pool · Mountain views
· KEY READY

[View project →](#)

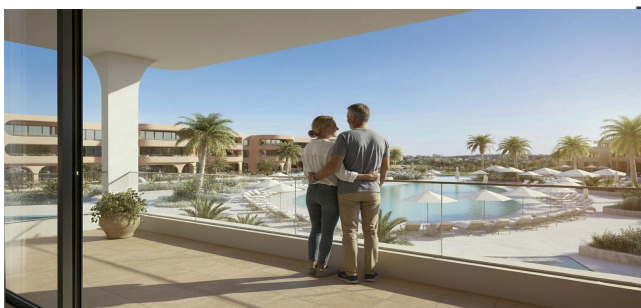


Villas Fairway

From €1,660,000

4–12 bed · Plot 1,000–2,500m² · Infinity pool · Golf views ·
Fully bespoke

[View project →](#)



WOW Longevity Hotel

Suites from €202,500

7% fixed net annual return · 99-year contract · Fully
managed

[View project →](#)

Wellbeing & longevity

7. Where retirement planning meets health planning



The WOW Longevity Hotel & Clinic: Europe's first Blue Zone-inspired longevity destination

The most valuable retirement asset is not property. It is healthspan. The WOW Longevity Hotel & Clinic brings Europe's first Blue Zone-inspired longevity concept to Altaona, developed with Swiss health partners.

It is also a hands-off retirement income. Suites start from €202,500, reserved with a €100 deposit, delivering an 7% fixed net annual return on a fully managed 99-year contract.

Your next steps

8. From planning to keys in hand

Spain's property framework is transparent and buyer-friendly, and the process is simpler than most expect.



Define your retirement timeline

Decide when you want to move and how you will use the home until then. Your timeline shapes everything that follows.



Speak with a Taolis Lifestyle Advisor

Our advisors help you match your timeline, budget and lifestyle to the right project and plot.



Visit Altaona — We will guide you through

Walk the resort, meet residents and experience the daily rhythm you are planning for.



Engage Independent Legal and Tax Advice

Independent advisors ensure your purchase, residency and tax position are structured correctly from day one.



Secure Your Position

Reserve your preferred villa or suite and lock in today's pricing while availability lasts.

Start the conversation

9. Retire where life gets better

The shift toward earlier, smarter retirement planning is structural, and the best-positioned places are being chosen now. Murcia offers what discerning retirees actually need. Genuine quality of life, real healthcare proximity and strong fundamentals without the premium of oversaturation. A conversation with a Taolis Lifestyle Advisor is the simplest way to turn a plan into a place.

You spend forty years earning your retirement. Spend a few weeks choosing where it deserves to happen.

[Book a Conversation with Our Team](#)

[Explore with our AI Property Advisor](#)

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The information in this guide is general in nature and current as of 2026. Property prices, availability and specifications are subject to change. Tax rates and legal requirements vary by individual circumstances, nationality and residency status.

Always seek qualified independent legal and tax advice before proceeding with any property purchase in Spain.